

# Art Explores the Theme of Grief

## Instagram Post

<https://www.instagram.com/p/C0w2JBMIJMX/?hl=en>

## The Workbench Brain Harnetty

### Text

<https://www.matternews.org/culture/music/brian-harnetty-keeps-the-gift-in-motion-with-the-workbench>

(04/01/2024)

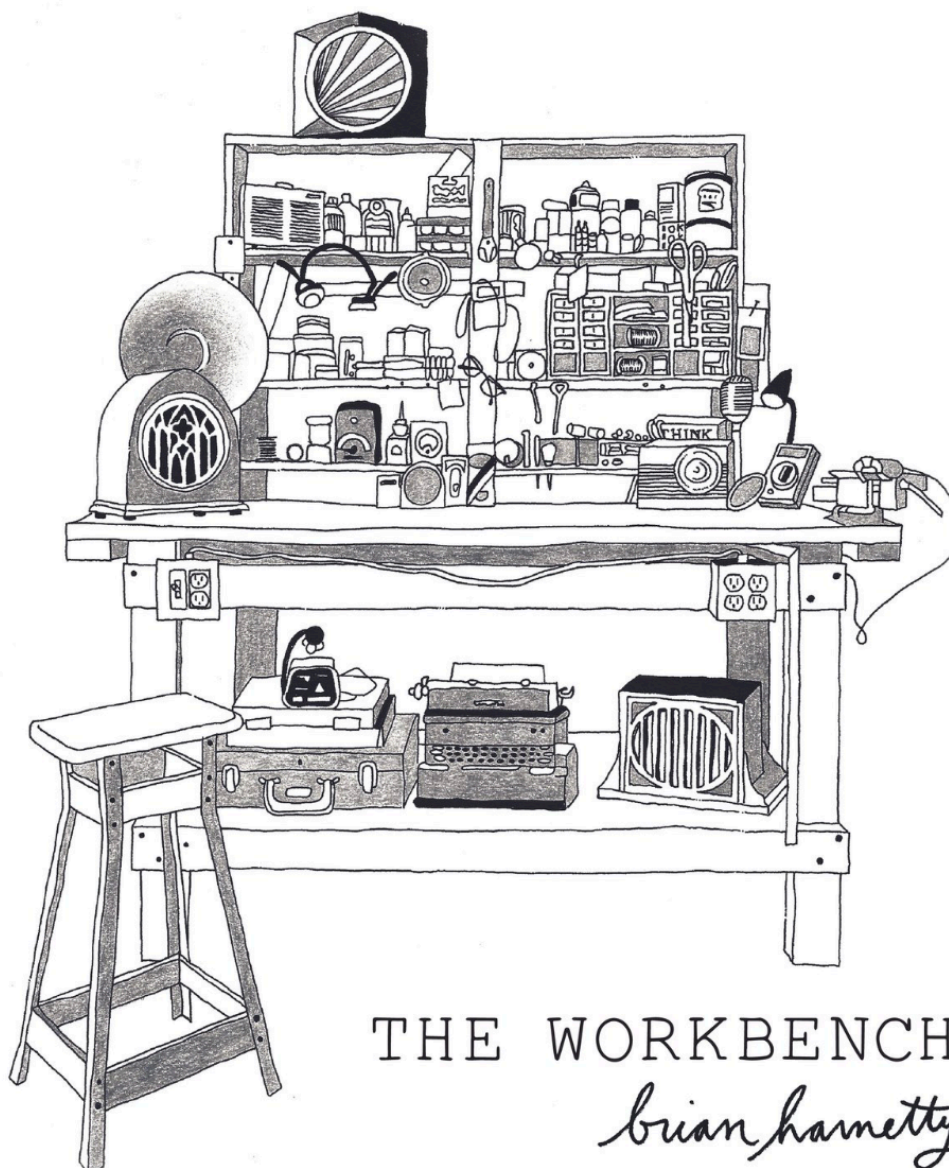
*"You could see parts of his mind ingrained in the wood ... and tease out parts of his personality."*

*"he began to weigh concepts that included the passage of time, the inevitability of death, and the power of inherited objects, which can carry trace elements of the past capable of spinning one backwards in time."*

I related to this as part of my grieving process I read my dad's old birthday cards and letters. This gives me an insight into his mind and brings his voice back alive. A son and a father relationship is important and to still have a voice through the power of the written word I hear and learn his personality and morals which helps me become the man of a son to his father.

### Video

<https://www.brianharnetty.com/recordings-1#/the-workbench/>



THE WORKBENCH  
*brian hammetty*